

A Place called Acceptance
Local Salt Lake Attractions

www.saltlakecity.org/attractions.htm **www.oautah.org**

Tracy Aviary @ Liberty Park
589 East 1300 South
Salt Lake City, UT
(801) 596-8500 ext. 100

Red Butte Gardens
300 Wakara Way
Salt Lake City, UT 84113
(801) 581-4747
40.7629 -111.825

Historic Trolley Square
500 South & 700 East
Salt Lake City, UT
(801)521-9877

Utah's Hogle Zoo
2600 Sunnyside Avenue (840 South)
Salt Lake City, UT 84108
(801) 582-1631

Utah Museum of Fine Arts
University of Utah
410 Campus Center Drive
Salt Lake City, Utah 84112
(801) 581-7332

Clark Planetarium
110 South 400 West
Salt Lake City, UT 84101-1145
(801) 456-7827

Memory Grove
135 E North Temple
Salt Lake City, UT 84101
(801) 972-7800

Catch the TRAX for FREE downtown sightseeing.



HILTON GARDEN INN

250 West 600 South, SLC, UT 84101 801-364-5200

To Register: <http://hiltongardeninn.hilton.com/en/gi/groups/personalized/SLCDWGI-OVA-20100309/index.jhtml>

Rates and Registration

\$79.00 / night - Single to Quad Occupancy

Rates Available 3/09—3/18, 2010

Deadline for booking OA Rate 02/25/2010

Mention OA Convention if calling or register online using the special link above.

Amenities

- Refrigerator & Microwave included
- Pool & Fitness Center
- Business Center, High Speed Int. & Wireless
- Onsite Dining (breakfast and dinner only)
- Great Coffee next door :)

Directions

The Hilton Garden Inn is just 6.5 miles from the SLC Airport, & easily accessible from I-15 and I-80, the two major interstates that serve Salt Lake City. The hotel offers free parking and a free airport shuttle 24-hours/day. Call the hotel from the airport for a pick up. 801-364-5200.

Driving directions to the hotel:

From points north: Take I-15 southbound to 400 South exit, and go east to 300 West. Turn right on 300 West. Turn left on 600 South (this is a one-way street). Entrance from left lane.

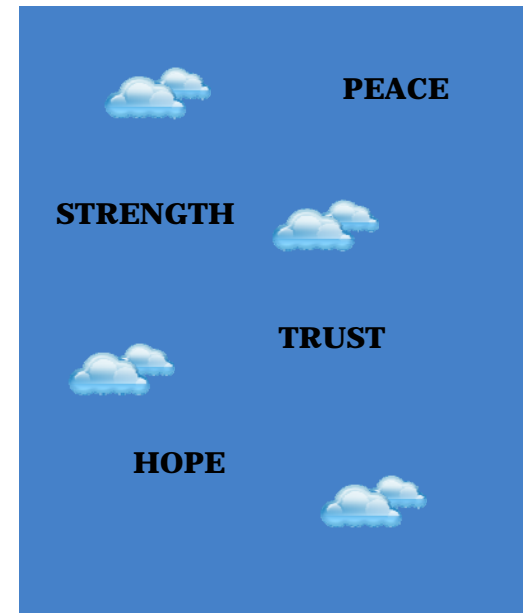
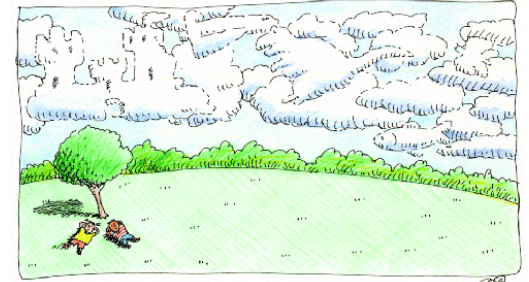
From points south: Take I-15 northbound to 600 South exit (this is a one-way street). Entrance from left lane just past 300 West.

From points west, including the airport:

Drive eastbound on I-80 and exit at City Center or 600 South (this is a one-way street). Stay in the left lane. Hotel entrance from the left just past 300 West.

**OVEREATERS ANONYMOUS
REGION III CONVENTION AND ASSEMBLY**

A PLACE CALLED ACCEPTANCE



**March 12—14, 2010
Salt Lake City, Utah**

UTAH SOARING INTERGROUP
www.oautah.org

Saturday Full Day Retreat



Acceptance is the Answer...

If you wish to have a FULL DAY of Acceptance in one Setting, MK will be leading a full day Workshop!

"And acceptance is the answer to *all* my problems today" the author of the story *Acceptance Was the Answer* states on page 417 of Alcoholics Anonymous. The concept of acceptance sounds like such a wonderful idea but getting to that state can be quite a challenge, or at least it has been for me. I sometimes vacillate between acceptance & irritation when certain issues arise in my life but eventually acceptance wins out. I have expended too much spiritual energy on futzing about things when a healthy dose of acceptance is the medicine needed. That's why it is important to share our strength, hope and experience with one another discussing this topic in a retreat setting because we find we are not alone!

MK—please join me!

"A Place Called Acceptance" Schedule of Events

Friday, March 12 _____

Registration:	2:00—7:00 p.m.
Region III WS/Forum	3:00—4:45 p.m.
Green Dot Orientation	4:45—5:15 p.m.
Grand Opening	7:00—9:00 p.m.
OA Meeting	9:15—10:00 p.m.

Saturday, March 13 _____

Registration	7 a.m.—6:00 p.m.
Morning Meditation	7:00 —7:45 a.m.
Region III Assembly	8 a.m.—5:00 p.m.

FULL DAY RETREAT—or—WORKSHOPS

FULL DAY RETREAT 9 a.m.—5:00 p.m.
"Acceptance is the Answer Today"

WORKSHOPS 9 a.m.—5:00 p.m.

- A Place called...
- Hope
 - Trust
 - Peace
 - Strength
 - Fellowship

Banquet & Keynote Speaker	6:00 p.m.
Entertainment After Speaker	—11:00 p.m.
OA Meeting	9:00—10:00 p.m.

Sunday, March 14 _____

Morning Meditation	7:00—7:45 a.m.
Workshops	8:15—9:45 a.m.
Grand Closing	10:00—11:30 a.m.
Convention Wrap Up	12:00—1:00 p.m.

**** Current & future planners welcome****

REGISTRATION—DETACH AND MAIL TO:

Heather F. Utah Soaring Intergroup
P.O. Box 65035, Salt Lake City UT 84165

Heather 801.694.0228 "heatherfoa@gmail.com"

Full Name

Name preferred on badge

Address

City, State, Zip

Email Address Phone

PACKAGE—3 Days & Banquet

by 2/1/2010 \$80 _____

after 2/1/2010 \$90 _____

Saturday Banquet (extra ticket) \$35 _____

Friday or Sunday only \$10 _____

Saturday only (no banquet) \$35 _____

Scholarship Donation \$ _____

TOTAL ENCLOSED \$ _____

Check made to Utah Soaring OA Intergroup

I am a Region III Representative _____

I am a NEW Reg. III Rep. (green dot) _____

A Place of Service— Please Help



Place Check Here!

- TALENT SHOW
- Hugger / Greeter
- Transportation
- Clean Up
- Registration
- Hospitality
- Raffle / Ticket Sales
- Chair an OA Meeting